

mTBI Case Screening Worksheet

Client Name: _____

Date of Injury: _____

1. Mechanism of Injury (MOI)

- ☐ Documented head strike (GREEN FLAG)
- ☐ Whiplash or rapid deceleration (GREEN FLAG)
- ☐ Airbag deployment (GREEN FLAG)
- ☐ Moderate to severe vehicle/property damage (GREEN FLAG)
- ☐ Loss of consciousness documented (GREEN FLAG)
- ☐ Amnesia documented (retrograde or anterograde) (GREEN FLAG)
- ☐ No head impact or jarring motion (YELLOW FLAG)
- ☐ Minor impact, low speed collision, no visible damage (RED FLAG)

2. Initial Medical Presentation

- ☐ Symptoms documented within 24–72 hours (GREEN FLAG)
- ☐ ER, urgent care, or PCP visit after incident (GREEN FLAG)
- ☐ Documented headache, dizziness, confusion, vomiting, or vision issues (GREEN FLAG)
- ☐ Delay in seeking care or no care (RED FLAG)
- ☐ No documented cognitive symptoms (RED FLAG)

3. Diagnosis & Treatment

- ☐ Diagnosis of concussion, mTBI, or PCS by reputable provider (GREEN FLAG)
- ☐ Documented concurrent injuries (broken bones, spinal disc injury, etc.) (GREEN FLAG)
- ☐ Neurology, neuropsychology, or physiatry involved (GREEN FLAG)
- ☐ Vestibular/vision therapy prescribed/treating (GREEN FLAG)
- ☐ Consistent treatment history (GREEN FLAG)
- ☐ Attorney-directed care (RED FLAG)
- ☐ Gaps in treatment (YELLOW FLAG)
- ☐ little to no treatment (RED FLAG)
- ☐ Chiropractic/"Concussion clinic" care (YELLOW FLAG)

4. Symptom Profile & Duration

- ☐ Headaches, dizziness, nausea (GREEN FLAG)
- ☐ Light/sound sensitivity (GREEN FLAG)
- ☐ Memory/concentration problems (GREEN FLAG)
- ☐ Mood/personality change, sleep issues (GREEN FLAG)
- ☐ Symptoms > 2–3 months (GREEN FLAG)
- ☐ Inconsistent, unusual, or vague complaints (RED FLAG)

5. Objective Testing

- ☐ Neuropsych testing shows deficits (slowed processing speed, memory deficits, executive function deficits, etc.) (GREEN FLAG)
- ☐ Vestibular/ocular testing abnormalities (GREEN FLAG)
- ☐ Abnormal balance or gait tests (GREEN FLAG)
- ☐ Normal CT or MRI (common in mTBI) (YELLOW FLAG)
- ☐ DTI performed (if applicable)

6. Functional Life Impact

- ☐ Work or school disruption documented (GREEN FLAG)
- ☐ Employer or academic corroboration (GREEN FLAG)
- ☐ Changes in family or social functioning (GREEN FLAG)
- ☐ Return-to-work efforts evident (i.e. they are trying to RTW) (GREEN FLAG)
- ☐ Testimony from lay witnesses available/credible (GREEN FLAG)

7. Pre-Existing Conditions

- ☐ Depression, ADHD, migraines, prior TBI, similar symptoms (YELLOW FLAG)
- ☐ Preexisting fibromyalgia or somatoform disorders (RED FLAG)
- ☐ Clear before/after contrast in function (GREEN FLAG)
- ☐ Psychological records reviewed

8. Credibility & Malingering Risk

- ☐ No evidence of exaggeration or malingering (GREEN FLAG)
- ☐ Supportive text messages, emails, or video (GREEN FLAG)
- ☐ Prior personal injury lawsuit(s) (CLARIFY) (RED FLAG)
- ☐ Validity testing normal (MMPI, TOMM, etc.) (RED FLAG)
- ☐ Social media supports claimed impairments (GREEN FLAG)
- ☐ Surveillance/social media contradicts claims (RED FLAG)